

WE'RE HERE TO HELP

Experiencing Islamophobia at work?

Bullied at school?

Identifying information being shared online
without your consent?

Receiving hateful messages on social media?

Need a break to pray?

Delayed at the border or airport?

HERE'S WHAT TO DO.

Online: Go to [CAIRWA.org](https://www.cairwa.org) and click on the button that says "Get Help". Fill out the form.

Phone: Call (206) 624-0506 and leave a voicemail.

Our legal team will get back to you soon!

WHAT CAIR-WA IS DOING DURING THIS TIME



Uplifting and protecting student protests



Helping parents across Washington state navigate the rise in bullying and bias in schools



Providing legal support for those who have been doxed



Fighting biased narratives through our relationships with media and elected officials

CAIR Washington is a civil rights and advocacy non-profit organization based in Seattle, serving Muslims across Washington state.