

How can I help Gaza?

- Reach out to your elected representatives, especially those in Congress, and urge them to end the violence now.
- Action alerts which will facilitate emailing and calling representatives can be found at **CAIR.com**, **ceasefiretoday.com**, and **bit.ly/StopGazaGenocide**

What do I do if my employer or school releases a biased statement?

- Connect with groups which will help you advocate, like your school's MSA, your employer's Muslim affinity group, or individuals who will support you in responding. If you decide to respond, you can start with a template, available through CAIR chapters or MSA National.
- If you live in Washington and receive a biased statement from your school, employer, or local government, tell CAIR-WA via our online form at **cairwa.org** and click on the "GET HELP" button.
- Palestine Legal works with a network of organizations, attorneys and advocacy groups to respond to requests for legal and advocacy assistance, and to document incidents of suppression: **palestinelegal.org/intake**

What are my rights when protesting?

- The right to protest is guaranteed by the First Amendment regardless of citizenship or immigration status.

Protesting rights, continued

- Facial recognition technology is used to identify protestors. Remove fingerprint unlock or Face ID on your devices. When taking photos at a protest, do so without unlocking your device.
- If an officer stops you but doesn't arrest you, you are allowed to say "no" to your person or belongings being searched. If you are arrested, immediately say out loud: "I am invoking my right to counsel and to remain silent" and then do not speak any further. Do not say, sign, or agree to anything without a lawyer present.
- If you believe your rights or another person's have been violated, write down everything you can remember as soon as possible.

What is disinformation and how can I counteract it?

- Disinformation is: false information deliberately and often covertly spread (as by the planting of rumors) in order to influence public opinion or obscure the truth.
- Don't share disinformation. Even if you're pointing out that it's wrong, spreading the disinformation helps further the goals of the bad actors behind it. Do report or flag it on the social media platform.
- Amplify accurate and credible sources, highlight actionable solutions. Disinformation campaigns seek to divide, distract, and overwhelm those of us who are working for real change.